

Dog Days of Summer Short Track Cross Country Mountain Bike Race Series

presented by Team Sustainable Endurance Coaching and
www.sustainableendurancecoaching.com

USA Cycling permit #2014-2542

Race Dates: August 5, 12, and 26

	Category	Duration	Cost	Prizes
4:30PM	Course open for warm up	30 minutes		
5:00PM	Junior – Boys and Girls	15 minutes	Free	Merchandise
5:30PM	Cat. 3 – Men and Women	20 minutes	\$15	Merchandise
6:00PM	Cat. 2/3 – Men and Women	30 minutes	\$15	Merchandise
6:40PM	Pro/1/2 – Men and Women	45 minutes	\$15	Merchandise

What is short track XC? – Short XC loop of around 3-5 minutes (~1 mile in length) that riders will race around in laps. Race times are pre-determined and usually 15-60 minutes. Races are spectator friendly.

Registration: No pre-registration required, no late fees! Registration opens at 4:30PM and closes 10 minutes prior to individual race start time. No charge for a second race!

One-day licenses: \$15/day. Note: one day licenses are ONLY for NEW Cat 3 men, Cat 3 women (or new Juniors). All others must have (or purchase on site) an annual license.

Course description: The races will be run in the “[Sunny Slope](#)” area of the Bosque (race course is in the bosque west of the bosque bike path). The course will be approximately 1 mile in length and will contain a mix of double and single track with plenty of opportunities to pass. The race course will favor a XC mountain bike but will be cyclocross bike friendly.

Directions: I-25 to Rio Bravo Blvd (NM 500) exit. Go west on Rio Bravo Blvd to 2nd Street SW. Proceed south on 2nd Street SW to Sunny Slope Street SW. Go west on Sunny Slope Street – this street then becomes a north-south road along the irrigation canal. Park along Sunny Slope Street SW but please do not block driveways.

Contact: Sheila (505-314-3240) or Al Senft (505-314-3239); sustainableendurancecoaching@gmail.com

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