September 13, 2018

Dear Highland HS community:

I regret to inform you about an unfortunate event effecting our school community. An Alumni from last year's graduating class is in the hospital. The student was admitted into the hospital and is currently in stable condition.

We shared this information with your student today. District and/or Stress Management and Recovery Team members, counselors, teachers and other support staff were available to students and staff. Please contact the school if you have any questions or concerns.

As a parent, you may want to talk to your child about their feelings and how they are being affected by this incident.  
  
Your student may exhibit any of the following normal responses:

* Appear unaffected
* Ask questions about the death repeatedly
* Be angry or aggressive
* Be withdrawn or moody
* Be sad or depressed
* Become afraid
* Have difficulty sleeping or eating

One of the most helpful things you can do for your student is listen. If they want to talk, answer questions simply, honestly and be prepared to answer the same questions repeatedly.

Our thoughts are with the Raya family.

Respectfully,

Marco Harris

Principal

Highland High School